

The Heights

TheHeightsNYC.com  TheHeightsNYC  @TheHeightsBarGrill

\$14 Lunch

SALADS

Caesar Salad

romaine, croutons, parmesan, housemade Caesar dressing

Mexican Cobb

shredded romaine, egg, crispy bacon, tomato, blue cheese, avocado-jalapeno sauce, chipotle BBQ ranch dressing

Chopped Taco Salad

romaine, tomato, black beans, grilled corn pico, guacamole, jack cheddar, cilantro lime vinaigrette

Add to any Salad

Bacon 2, Chorizo 4, Grilled Chicken 4, Marinated Shrimp 6, Grilled Skirt Steak 8, Salmon 9

QUESADILLAS

Griddled flour tortillas, jack cheese, roasted peppers & onions, pico de gallo, Add sour cream +1, Add Guacamole +2

Mixed Vegetables

cauliflower, carrots, broccoli, hold the onions & peppers

Sauteed Spinach

jack cheese, pinch of garlic

Grilled Chicken

marinated & grilled chicken

Carnitas

marinated, slow cooked, and pulled

Beef Short Rib

slow roasted seasoned short ribs

TACOS

2 tacos served with rice & beans

Mixed Vegetables

lime slaw and crema

Panko Cauliflower

vegan, lime slaw, pio de gallo, chipotle BBQ

Carnitas

pico de gallo, pickled jalapeno, cilantro crema

Beef Short Rib

red onion, cilantro, avocado jalapeno sauce

Grilled Chicken

guajillo chili sauce, lettuce, red onion, cilantro, crema

BURRITOS/BOWLS

Served with red rice, black beans, jack cheese, lettuce, cilantro, pico de gallo. Sour cream, guacamole, chipotle upon request

Steamed Spinach

Heights Bowl

red rice, black beans, jack cheese, lettuce, cilantro, pico de gallo, sour cream, chipotle, guacamole

Mixed Vegetables

Grilled Marinated Chicken

marinated grilled chicken breast

Carnitas

ancho chili

Beef Short Rib

Add to any Burrito/Bowl

Bacon 2, Chorizo 4, Grilled Chicken 4, Marinated Shrimp 6, Grilled Skirt Steak 8

BURGERS

Comes with fries or salad, sub sweet potato fries +2, sub truffle fries +5

California Veggie Burger

lettuce, tomato, red onion, pickle, brioche bun, served with garlic mayo

Heights Angus Burger

Angus beef, lettuce, red onion, tomato, pickle, brioche bun

'WICHES/WRAPS

Served with fries or salad, sub sweet potato fries +2, sub truffle fries +5

Vegan Cauliflower Wrap

fried panko oat milk batter, lettuce, tomato, chipotle BBQ

Grilled Chicken Sandwich

jack cheese, lime slaw, BBQ, chipotle mayo, pickle, brioche bun

BBQ Pulled Pork Sandwich

chipotle slaw, pickle, brioche bun

Spiked Tender Wrap

buffalo, San Francisco or Chipotle BBQ, ranch or blue cheese, lettuce, tomato

Includes Fountain Soda or Ice Tea

Happy Hour

\$8 Frozen's
\$5 Drafts
\$7 Well Drinks
\$7 House Wine

Everyday 12pm to 7pm
11pm to 2am

FAVORITES

Heights Wings

8pc Buffalo (mild, wild, inhuman) San Francisco, chipotle BBQ

Chicken Tenders

housemade, served with honey mustard

Nachos

corn chips, black beans, jack & cheddar cheese, guacamole, sour cream, pico de gallo, jalapenos Add Bacon 2, Chorizo 4, Grilled Chicken 4, Marinated Shrimp 6, Grilled Skirt Steak 8, Salmon 9

Spiked Tenders

Buffalo (mild, wild, inhuman) San Francisco, chipotle BBQ

Basil Chicken Penne

grilled marinated chicken, garlic pesto cream sauce contains walnuts, parmesan cheese, sub GF pasta +3, sub grilled shrimp +6

SHAREABLES/SIDES

Chips & Salsa 6

chopped tomato, cilantro, onion, jalapeno, warm chips

Guacamole & Chips 13

avocado, red onion, cilantro, tomatoes, jalapenos, lime juice, warm chips

Fried Calamari 16

with house-made marinara

Grilled Cajun Shrimp 14

cajun seasoning, tartar sauce

House Cut Fries 10

w/garlic mayo

Sweet Potato Fries 11

chipotle mayo

Truffle Fries 15

white truffle oil, parmesan, chives